

Our Timetable (summer term 2023).

All activities start at Wesley Halls and are grouped into three categories. Popular activities are repeated throughout the week to provide an opportunity for everyone to take part.

Physical & Wellbeing

Skills for Life

Arts

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Sports & Games Wesley Halls	Bike Riding Herne Hill Velodrome	Computer Club Wesley Halls	Cheerleading Wesley Halls	Gym Downham Leisure Centre
	Swimming Downham Leisure Centre	Drama Wesley Halls	Allotment Honor Oak	Football Downham Leisure Centre	Street Dance Wesley Halls
	Pom Poms Wesley Halls	Cook & Eat Wesley Halls	Swimming Downham Leisure Centre	Bowling Surrey Quays	Bike Riding Ladywell Day Centre
	Bowling Surrey Quays	Gym Downham Leisure Centre	Arts & Crafts Wesley Halls	Shopping / Parks Local area	Gaming Wesley Halls
		Golf / Tennis Various locations	Cook & Eat Wesley Halls		Jewellery Making Wesley Halls
PM	Music recording Wesley Halls	Community Bingo St. Luke's	Yoga Wesley Halls	Pub Lunch Bromley	Steel Drums Wesley Halls
	Make-a-game Wesley Halls	Film & Photography Local area	Kickboxing Wesley Halls	Pub Lunch Penge	Trampolineing Downham Leisure Centre
	Kickboxing Wesley Halls	Dance Wesley Halls	Gym Downham Leisure Centre	Pub Lunch Surrey Quays	X-Factor Karaoke Wesley Halls
	Local Walks Local area	Cook & Eat (all day) Wesley Halls	Cook & Eat (all day) Wesley Halls		

Find out more.

Service users are welcome to spend a free trial day with us to help you decide if Brighter Horizons is the right place for you. Get in touch for more information or to arrange a time to visit.



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